

# For your Baby

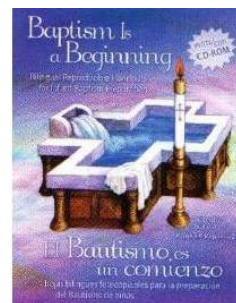
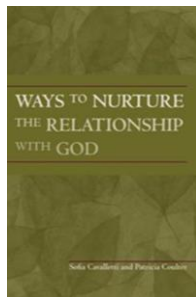
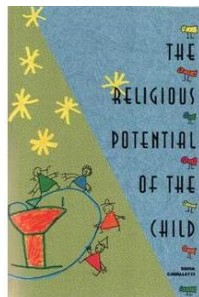
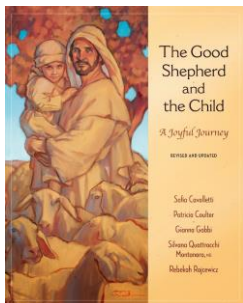
The following is an excerpt is written by Gianna Gobbi which can be found in the book *The Good Shepherd and the Child: A Joyful Journey*. This book is available on our website, [www.cgsusa.org](http://www.cgsusa.org).

There are some basic ways you can help nurture your baby's religious life:

- Put a sacred image close to the crib such as an image of the Risen Christ or The Mother of God with the Child Jesus and point this image out to your child. The simplest and artistic representations are best. (For example, the works of Giotto or Fra Angelico are suitable for their solemnity and beauty of design.)
- Invite your child to watch and hear you when you perform sacred gestures, such as the sign of the cross when blessing your food. Bless yourself with the sign of the cross slowly and in silence; at other times give thanks to God praying in words.
- Bless your child with the sign of the cross after you have finished a moment in which you have been caring for your child's physical needs.
- Gather together for morning and evening times of prayer besides the baby's crib. Sing in a soft voice while nursing or feeding your child.

## What books can help me?

The following books can help nurture the religious life of your child and also yourself. When you purchase any books from CGSUSA, you'll always receive a discounted price over other retailers. They are available in the [Publications Store](#) on our website.



*A page for parents of children in the Atrium*

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