Dearly beloved,

I am thinking of these days we are living and the fact that we cannot prepare for Easter together walking the path of the Armor of Light, I wanted to propose to you a path that we can walk together even from home. If it seems to us that there is a little darkness around us, we have a powerful weapon of light that is prayer. Perhaps you will remember that St. Paul announced it to us. In the letter to the Ephesians chap. 5.8, he told us:

“For once you were darkness, but now in the Lord you are light. Live as children of light.’

As children of light, what can we do to keep this beautiful light alive? We can stay close to the source of light. Be with Him, listen to His word, talk to Him. There’s a maxim that tells us something about that:

‘Whenever you pray, go into your room and shut the door, and pray to your father who is in secret (Mt 6:6).’

There is a room to enter into and a door to close in order to be face to face with God the Father. What could this “room” and this “door” be? Of course, we need a quiet place in which to pray, but close the door to what? For what purpose? To ‘pray to the Father,’ ... but then perhaps we can think about how He is already there, waiting for us, waiting to be with each of us…

It may help us to listen to His word, perhaps a text that we have meditated on together in the atrium and that we particularly like; you can find a listing of some of them below. We can try putting this ‘weapon’ to use, even for a little while, maybe every day.

Let us remain united in the Lord who is the source of true life and light.

Francesca Broli